



HOW TO SET UP THE SLA RICE RELAY CHALLENGE

EQUIPMENT

We can lend all the equipment to you if your school is in the Edinburgh area. For those schools out with the Edinburgh area probably the most difficult piece of equipment will be the plastic shreds. If you are out with Edinburgh we could arrange for these to be delivered to you.

WHAT YOU NEED

- Clear plastic tubs
- Plastic shreds-which will stand for the rice
- Big spoons to move rice fragments
- Small plastic jugs

METHOD

If your school has a small school roll it would be possible to put 40 minutes aside and organise the whole event in your hall or outside-weather permitting.

- In the middle of the hall put a large plastic container with a line marked all around it, which will be the TARGET
- Each class takes up a position around the hall – almost like star points around the container in the middle
- In front of each class is another container with the plastic shreds and a plastic jug
- To start the challenge a whistle is blown
- Each child then takes a turn to put the jug in the shreds and then run to the big container in the middle and pour in their shreds and then run back and hand the jug to the next child
- Make sure that every child has a turn
- When the target is reached the whistle is blown again and the relay is over
- You can decide before hand that if the school reaches the target in 15 minutes they are BRILLIANT! Obviously the target would be placed in such a way that would be possible

SPONSOR SHEETS

Download SLA's Rice Relay Sponsor Sheet from the SLA website or contact the SLA office and we can send you some. The children would take their sheets home before the event and ask their parents to give them an amount if the RICE TARGET is reached. The suggested amount would be up to you as a school but perhaps in the region of £2 a child but obviously should anyone want to give more they would not be discouraged!

CURRICULUM FOR EXCELLENCE

No matter the size of the school, the older children in the school can be used to organise and promote the event in the school. This will help encourage their enterprise and organisational skills as well as giving them ownership of the event.

HELP AND SUPPORT

A speaker would have already been to your school to give an Assembly or talk to a group of your children. If you wish to do the rice relay they would talk it through with you and at any time during the organisation of the event you could call us at our office on 0131 629 9112 or email the SLA office at enquiries@sla-india.org.